



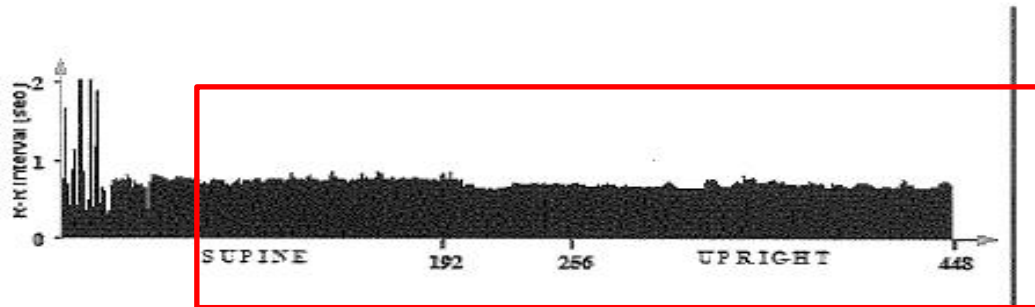
Heart Scan by Dr. George Grant Before using the BioMat (Heart is weak)

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Jodi Anderson

Assessment of the Physical Fitness Level

30/05/2010 4:37:18 PM



Assessment of the transition period

Min HR - 82



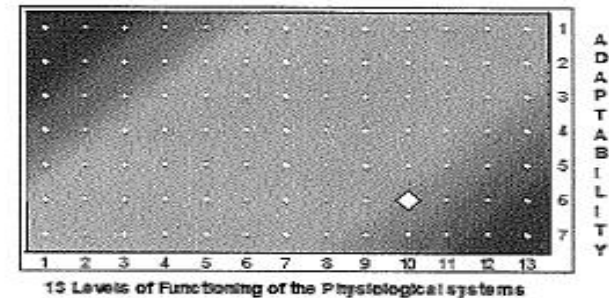
Max HR - 96

Chronotropic reaction	0.82
HR (supine) / Max HR	
Compensation response	0.83
Min HR / Max HR	
Ortho-Test Ratio	1.09
HR (supine) / HR (upright)	

Conclusion :

COMMITION REACTION DECREASES SIGNIFICANTLY IN RESPONSE TO ORTHOTEST

Graphical Presentation of the Physical Fitness



1/1 - The best
Physical Fitness

13/7 - The worst
Physical Fitness

- - Athletic zone
- - Normal zone
- - Below normal
- ◇ - Current Physical Fitness

Physical Fitness Level - 10/6



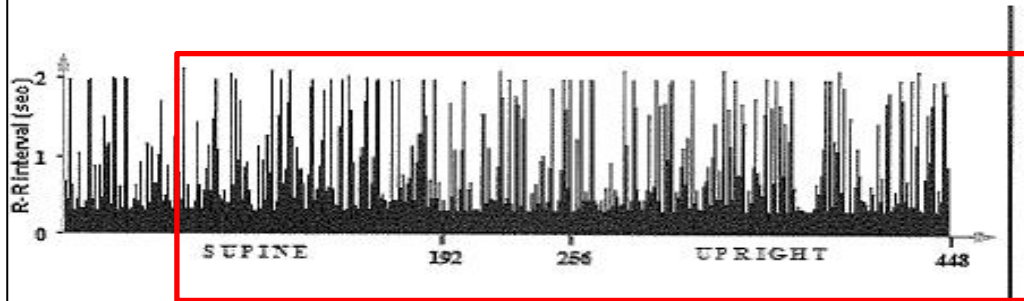
Heart Scan by Dr. George Grant After 3 minutes on BioMat (Heart beat very strong)

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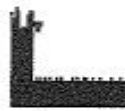
Assessment of the Physical Fitness Level

29/05/2010 4:21:21 PM



Assessment of the transition period

Min HR - 93



Max HR - 102

Chronotropic reaction 0.56

HR (supine) / Max HR

Compensation response 0.92

Min HR / Max HR

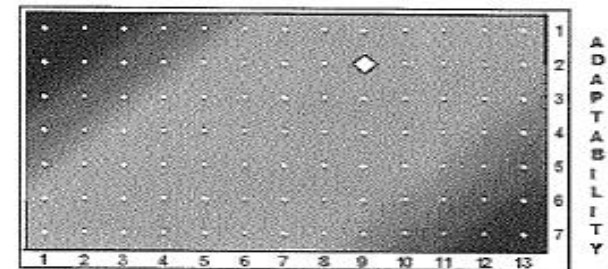
Ortho-Test Ratio 2.41

HR (supine) / HR (upright)

Conclusion :

VA SCULAR COM PENSA TION DECREA SES SHARPLY IN RESPONSETO ORT HOT EST WHILE CHRONOTROPIC REA CTION IS WITHIN NORM AL PA RA METERS

Graphical Presentation of the Physical Fitness



13 Levels of Functioning of the Physiological systems

1/1 - The best Physical Fitness

13/7 - The worst Physical Fitness

■ - Athletic zone

■ - Normal zone

■ - Below normal

◇ - Current Physical Fitness

Physical Fitness Level - 9/2